

Attention: Patients with Type 1 Diabetes and their Families

Thursday, August 23, 2012

San Ramon Community Center: Terrace Room
12501 Alcosta Blvd, San Ramon, CA 94583
Free Parking

6–8:30PM TrialNet Screening for Relatives of People with Type 1 Diabetes

6–6:30PM Light Refreshments and Reception

6:30–8:30PM **Presentations:**
“DASH to Diabetes”

“The Latest and Greatest in Type 1 Diabetes Management”

“Pathway to Prevention and Other Promising Clinical Research in Type 1 Diabetes”

Join us for an inspiring and interactive discussion on thriving with type 1 diabetes, the latest in diabetes management and hear about promising research towards a cure. Also find out how your family can participate in diabetes research today.

Entire family welcome – kids activities throughout the evening!

Jennifer Olson, M.D.

Director, Division of Endocrinology and Diabetes
Children’s Hospital & Research Center
Oakland



Stephen Gitelman, M.D.

Director, Pediatric Diabetes Program UCSF
TrialNet Clinical Center Director



Lucas Fogarty

Athlete Living with Type 1 Diabetes
Founder, Diabetes And Sports Health



RSVP: Kathleen Fraser– kfraser@diabetes.ucsf.edu or call 415-353-9084



Natural History Study of the Development of Type 1 Diabetes

A Pathway to Prevention

THE RISK FOR TYPE 1 DIABETES CAN BE INHERITED.

If you have a relative with type 1 diabetes, your chances of being diagnosed with the disease are 15 times greater than a person with no family history of the disease. Although the symptoms of type 1 diabetes may seem to appear suddenly, research has found that the potential risk can be detected years before symptoms appear.

A SIMPLE TEST CAN PROVIDE IMPORTANT INFORMATION.

TrialNet offers a blood test that can identify increased risk for type 1 diabetes up to 10 years before symptoms appear. This test looks for certain markers in the blood (called autoantibodies) that signal an increased risk for the disease. For relatives of people with type 1 diabetes, only about 5 out of every 100 people have those markers.

THIS VALUABLE TEST IS AVAILABLE AT NO CHARGE.

TrialNet offers screening to those:

- Age 45 years and younger with a parent, brother, sister or child with type 1 diabetes.
- Age 20 years and younger with a niece, nephew, aunt, uncle, grandparent, half-brother, half-sister, or cousin with type 1 diabetes.

For TrialNet screening opportunities, contact:
Betty Flores, RN, PNP
Children’s Hospital & Research Center Oakland
510-428-3885 x4694
BFlores@mail.cho.org



Benefits of TrialNet Screening:

- Those who test positive for an increased risk of type 1 diabetes may be able to join research studies testing ways to delay and prevent the disease. Screening is the first step on the pathway to prevention.
- Those whose test results are negative will have the opportunity to get screened every year until age 18; these yearly screenings look for changes in risk for type 1 diabetes.
- Participants in TrialNet research are closely monitored for the earliest signs for type 1 diabetes; early diagnosis makes it possible to avoid dangerous complications that can occur when diabetes goes undetected and may also help the body make insulin for a longer period of time.
- Participants in TrialNet screenings or studies are an important part of type 1 diabetes research; your participation could help prevent or cure this disease one day.